

Long Tones Alto Sax

Concert F Descending

1

Musical notation for exercise 1, measures 1-14. The first staff contains measures 1-7, and the second staff contains measures 8-14. The notes are: 1 (F), 2 (E), 3 (D), 4 (C), 5 (B), 6 (A), 7 (G), 8 (F), 9 (E), 10 (D), 11 (C), 12 (B), 13 (A), 14 (G).

2

Musical notation for exercise 2, measures 1-4. The notes are: 1 (F), 2 (E), 3 (D), 4 (C).

Long Tone 1

1a

Musical notation for exercise 1a, measures 1-14. The notes are: 1 (F), 2 (E), 3 (D), 4 (C), 5 (B), 6 (A), 7 (G), 8 (F), 9 (E), 10 (D), 11 (C), 12 (B), 13 (A), 14 (G).

1b

Musical notation for exercise 1b, measures 1-14. The notes are: 1 (F), 2 (E), 3 (D), 4 (C), 5 (B), 6 (A), 7 (G), 8 (F), 9 (E), 10 (D), 11 (C), 12 (B), 13 (A), 14 (G).

1c

Musical notation for exercise 1c, measures 1-10. The notes are: 1 (F), 2 (E), 3 (D), 4 (C), 5 (B), 6 (A), 7 (G), 8 (F), 9 (E), 10 (D).

1d

Musical notation for exercise 1d, measures 1-12. The notes are: 1 (F), 2 (E), 3 (D), 4 (C), 5 (B), 6 (A), 7 (G), 8 (F), 9 (E), 10 (D), 11 (C), 12 (B).

One Octave Scales & Arpeggios

In All Twelve Major Key Signatures

Alto Sax

B \flat /G

Scale in G major (one sharp): G4, A4, B4, C5, D5, E5, F5, G5. Arpeggio: G4-B4-D5, G4-A4-B4, G4-A4-B4-C5, G4-A4-B4-C5-D5, G4-A4-B4-C5-D5-E5, G4-A4-B4-C5-D5-E5-F5, G4-A4-B4-C5-D5-E5-F5-G5.

F/D

Scale in D major (two sharps): D4, E4, F#4, G4, A4, B4, C#5, D5. Arpeggio: D4-F#4-A4, D4-E4-F#4, D4-E4-F#4-G4, D4-E4-F#4-G4-A4, D4-E4-F#4-G4-A4-B4, D4-E4-F#4-G4-A4-B4-C#5, D4-E4-F#4-G4-A4-B4-C#5-D5.

C/A

Scale in A major (three sharps): A4, B4, C#5, D5, E5, F#5, G#5, A5. Arpeggio: A4-C#5-E5, A4-B4-C#5, A4-B4-C#5-D5, A4-B4-C#5-D5-E5, A4-B4-C#5-D5-E5-F#5, A4-B4-C#5-D5-E5-F#5-G#5, A4-B4-C#5-D5-E5-F#5-G#5-A5.

G/E

Scale in E major (four sharps): E4, F#4, G#4, A4, B4, C#5, D#5, E5. Arpeggio: E4-G#4-B4, E4-F#4-G#4, E4-F#4-G#4-A4, E4-F#4-G#4-A4-B4, E4-F#4-G#4-A4-B4-C#5, E4-F#4-G#4-A4-B4-C#5-D#5, E4-F#4-G#4-A4-B4-C#5-D#5-E5.

D/B

Scale in B major (five sharps): B4, C#5, D#5, E5, F#5, G#5, A#5, B5. Arpeggio: B4-D#5-F#5, B4-C#5-D#5, B4-C#5-D#5-E5, B4-C#5-D#5-E5-F#5, B4-C#5-D#5-E5-F#5-G#5, B4-C#5-D#5-E5-F#5-G#5-A#5, B4-C#5-D#5-E5-F#5-G#5-A#5-B5.

A/F#

Scale in F# major (six sharps): F#4, G#4, A4, B4, C#5, D#5, E5, F#5. Arpeggio: F#4-A4-C#5, F#4-G#4-A4, F#4-G#4-A4-B4, F#4-G#4-A4-B4-C#5, F#4-G#4-A4-B4-C#5-D#5, F#4-G#4-A4-B4-C#5-D#5-E5, F#4-G#4-A4-B4-C#5-D#5-E5-F#5.

A/G \flat

Scale in G-flat major (two flats): G \flat 4, F \flat 4, E \flat 4, F \flat 4, G \flat 4, A \flat 4, B \flat 4, G \flat 5. Arpeggio: G \flat 4-A \flat 4-B \flat 4, G \flat 4-F \flat 4-A \flat 4, G \flat 4-F \flat 4-A \flat 4-B \flat 4, G \flat 4-F \flat 4-A \flat 4-B \flat 4-G \flat 5, G \flat 4-F \flat 4-A \flat 4-B \flat 4-G \flat 5-A \flat 5, G \flat 4-F \flat 4-A \flat 4-B \flat 4-G \flat 5-A \flat 5-B \flat 5, G \flat 4-F \flat 4-A \flat 4-B \flat 4-G \flat 5-A \flat 5-B \flat 5-G \flat 6.

E/D \flat

Scale in D-flat major (three flats): D \flat 4, C \flat 4, B \flat 4, C \flat 4, D \flat 4, E \flat 4, F \flat 4, D \flat 5. Arpeggio: D \flat 4-E \flat 4-F \flat 4, D \flat 4-C \flat 4-E \flat 4, D \flat 4-C \flat 4-E \flat 4-F \flat 4, D \flat 4-C \flat 4-E \flat 4-F \flat 4-D \flat 5, D \flat 4-C \flat 4-E \flat 4-F \flat 4-D \flat 5-E \flat 5, D \flat 4-C \flat 4-E \flat 4-F \flat 4-D \flat 5-E \flat 5-F \flat 5, D \flat 4-C \flat 4-E \flat 4-F \flat 4-D \flat 5-E \flat 5-F \flat 5-G \flat 6.

B/A \flat

Scale in A-flat major (four flats): A \flat 4, G \flat 4, F \flat 4, G \flat 4, A \flat 4, B \flat 4, C \flat 5, A \flat 5. Arpeggio: A \flat 4-B \flat 4-C \flat 5, A \flat 4-G \flat 4-B \flat 4, A \flat 4-G \flat 4-B \flat 4-C \flat 5, A \flat 4-G \flat 4-B \flat 4-C \flat 5-A \flat 5, A \flat 4-G \flat 4-B \flat 4-C \flat 5-A \flat 5-B \flat 5, A \flat 4-G \flat 4-B \flat 4-C \flat 5-A \flat 5-B \flat 5-C \flat 6, A \flat 4-G \flat 4-B \flat 4-C \flat 5-A \flat 5-B \flat 5-C \flat 6-D \flat 7.

G \flat /E \flat  Musical staff in treble clef with a key signature of two flats (B \flat and E \flat) and a common time signature (C). The melody consists of eighth and quarter notes, starting on G \flat and ending on E \flat .

D \flat /B \flat  Musical staff in treble clef with a key signature of two flats (B \flat and E \flat) and a common time signature (C). The melody consists of eighth and quarter notes, starting on D \flat and ending on B \flat .

A \flat /F  Musical staff in treble clef with a key signature of one flat (B \flat) and a common time signature (C). The melody consists of eighth and quarter notes, starting on A \flat and ending on F.

E \flat /C  Musical staff in treble clef with a key signature of one flat (B \flat) and a common time signature (C). The melody consists of eighth and quarter notes, starting on E \flat and ending on C.

Chromatic Exercises

 Musical staff in treble clef with a common time signature (C). The exercise consists of 8 measures of chromatic eighth-note patterns, starting on G \flat and ending on E \flat . Fingerings 1 through 8 are indicated below the notes.

 Musical staff in treble clef with a common time signature (C). The exercise consists of 9 measures of chromatic eighth-note patterns, starting on D \flat and ending on B \flat . Fingerings 9 through 17 are indicated below the notes.

G Chromatic Scale (Concert B \flat)

 Musical staff in treble clef with a common time signature (C). The exercise consists of 4 measures of a chromatic scale starting on G \flat and ending on E \flat . Fingerings 1, 2, 3, and 4 are indicated below the notes.

D Chromatic Scale (Concert F)

 Musical staff in treble clef with a common time signature (C). The exercise consists of 4 measures of a chromatic scale starting on D \flat and ending on B \flat . Fingerings 1, 2, 3, and 4 are indicated below the notes.

 Musical staff in treble clef with a common time signature (C). The exercise continues from the previous staff, showing measures 5, 6, and 7 of the chromatic scale starting on D \flat and ending on B \flat . Fingerings 5, 6, and 7 are indicated below the notes.

UNIT 1

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 2

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 3

Practice Rhythms



1. 2. 3. 4.

This section contains four rhythmic patterns on a single staff in 4/4 time. Pattern 1: quarter note, quarter rest, quarter note, quarter rest. Pattern 2: quarter note, quarter rest, quarter note, quarter rest. Pattern 3: quarter note, quarter note, quarter note, quarter note. Pattern 4: quarter note, quarter note, quarter note, quarter note.

Scale Rhythms



This section contains four staves of scale rhythms in 4/4 time. The first staff shows a sequence of quarter notes: C4, D4, E4, F4, G4, A4, B4, C5. The second staff shows a sequence of quarter notes: C5, B4, A4, G4, F4, E4, D4, C4. The third staff shows a sequence of quarter notes: C4, D4, E4, F4, G4, A4, B4, C5. The fourth staff shows a sequence of quarter notes: C5, B4, A4, G4, F4, E4, D4, C4.

UNIT 4

Practice Rhythms



1. 2. 3. 4.

This section contains four rhythmic patterns on a single staff in 3/4 time. Pattern 1: quarter note, quarter rest, quarter note. Pattern 2: quarter note, quarter rest, quarter note. Pattern 3: quarter note, quarter note, quarter note. Pattern 4: quarter note, quarter note, quarter note.

Scale Rhythms



This section contains four staves of scale rhythms in 3/4 time. The first staff shows a sequence of quarter notes: C4, D4, E4, F4, G4, A4, B4, C5. The second staff shows a sequence of quarter notes: C5, B4, A4, G4, F4, E4, D4, C4. The third staff shows a sequence of quarter notes: C4, D4, E4, F4, G4, A4, B4, C5. The fourth staff shows a sequence of quarter notes: C5, B4, A4, G4, F4, E4, D4, C4.

UNIT 5

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Four musical staves showing scale rhythms in 4/4 time, key of D major.

UNIT 6

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Four musical staves showing scale rhythms in 2/4 time, key of D major.

UNIT 7

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 8

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 9

Practice Rhythms



A musical staff in treble clef with a key signature of one sharp (F#) and a time signature of 2/4. It contains four rhythmic exercises labeled 1 through 4. Exercise 1 consists of a quarter note followed by a quarter rest. Exercise 2 consists of two eighth notes beamed together, followed by a quarter rest. Exercise 3 consists of a quarter note followed by an eighth note, then a quarter rest. Exercise 4 consists of a quarter note followed by an eighth note, then a quarter rest.

Scale Rhythms



Four musical staves in treble clef with a key signature of one sharp (F#) and a time signature of 2/4. Each staff contains a scale exercise. The first staff shows a half-note scale from G4 to G5. The second staff shows a quarter-note scale from G4 to G5. The third staff shows an eighth-note scale from G4 to G5. The fourth staff shows a dotted-quarter scale from G4 to G5.

UNIT 10

Practice Rhythms



A musical staff in treble clef with a key signature of two sharps (F# and C#) and a time signature of 3/4. It contains four rhythmic exercises labeled 1 through 4. Exercise 1 consists of a quarter note followed by an eighth note, then a quarter rest. Exercise 2 consists of a quarter note followed by an eighth note, then a quarter rest. Exercise 3 consists of a quarter note followed by an eighth note, then a quarter rest. Exercise 4 consists of a quarter note followed by an eighth note, then a quarter rest.

Scale Rhythms



Four musical staves in treble clef with a key signature of two sharps (F# and C#) and a time signature of 3/4. Each staff contains a scale exercise. The first staff shows a half-note scale from G4 to G5. The second staff shows a quarter-note scale from G4 to G5. The third staff shows an eighth-note scale from G4 to G5. The fourth staff shows a dotted-quarter scale from G4 to G5.

UNIT 11

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 12

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 13

Practice Rhythms

1. 2. 3. 4.

This block contains four rhythmic exercises in 3/4 time. Exercise 1 consists of a quarter note followed by a beamed eighth-note pair. Exercise 2 consists of a quarter note followed by a dotted quarter note. Exercise 3 consists of a quarter note followed by a dotted quarter note. Exercise 4 consists of a quarter note followed by a dotted quarter note.

Scale Rhythms

This block contains four lines of scale rhythm exercises in 3/4 time. Each line shows a sequence of notes and rests, including quarter, eighth, and dotted quarter notes, designed to practice rhythmic accuracy.

UNIT 14

Practice Rhythms

1. 2. 3. 4.

This block contains four rhythmic exercises in 4/4 time. Exercise 1 consists of a quarter note followed by a beamed eighth-note pair. Exercise 2 consists of a quarter note followed by a dotted quarter note. Exercise 3 consists of a quarter note followed by a dotted quarter note. Exercise 4 consists of a quarter note followed by a dotted quarter note.

Scale Rhythms

This block contains four lines of scale rhythm exercises in 4/4 time. Each line shows a sequence of notes and rests, including quarter, eighth, and dotted quarter notes, designed to practice rhythmic accuracy.

UNIT 15

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 16

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 17

Practice Rhythms



1. 2. 3. 4.

This block contains four rhythmic patterns on a single staff in 2/4 time. Pattern 1 consists of a quarter note followed by a quarter note. Pattern 2 consists of a quarter note followed by an eighth note, then another eighth note followed by a quarter note. Pattern 3 consists of a quarter note followed by a quarter note. Pattern 4 consists of a quarter note followed by a quarter note.

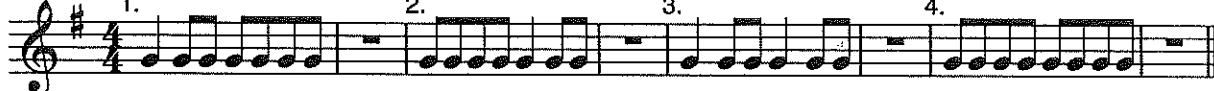
Scale Rhythms



This section contains four staves of musical notation in 2/4 time, each with a key signature of one flat (Bb). The first staff shows a scale starting on G4 and moving up to G5. The second staff shows a scale starting on G4 and moving down to G3. The third staff shows a scale starting on G4 and moving up to G5. The fourth staff shows a scale starting on G4 and moving down to G3.

UNIT 18

Practice Rhythms



1. 2. 3. 4.

This block contains four rhythmic patterns on a single staff in 4/4 time with a key signature of one sharp (F#). Pattern 1 consists of a quarter note followed by a quarter note. Pattern 2 consists of a quarter note followed by an eighth note, then another eighth note followed by a quarter note. Pattern 3 consists of a quarter note followed by a quarter note. Pattern 4 consists of a quarter note followed by a quarter note.

Scale Rhythms



This section contains four staves of musical notation in 4/4 time, each with a key signature of one sharp (F#). The first staff shows a scale starting on G4 and moving up to G5. The second staff shows a scale starting on G4 and moving down to G3. The third staff shows a scale starting on G4 and moving up to G5. The fourth staff shows a scale starting on G4 and moving down to G3.

UNIT 19

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

UNIT 20

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

UNIT 21

Practice Rhythms



A single staff of music in 2/4 time, divided into four measures labeled 1, 2, 3, and 4. Each measure contains a rhythmic pattern of eighth notes. Measure 1: quarter rest, eighth notes, eighth notes, eighth notes, eighth notes. Measure 2: quarter rest, eighth notes, eighth notes, eighth notes, eighth notes. Measure 3: quarter rest, eighth notes, eighth notes, eighth notes, eighth notes. Measure 4: quarter rest, eighth notes, eighth notes, eighth notes, eighth notes.

Scale Rhythms



Four staves of music in 2/4 time, each containing a scale exercise. The first staff shows a scale with quarter notes and eighth notes. The second staff shows a scale with eighth notes and quarter notes. The third staff shows a scale with eighth notes and quarter notes. The fourth staff shows a scale with eighth notes and quarter notes.

UNIT 22

Practice Rhythms



A single staff of music in 3/4 time, divided into four measures labeled 1, 2, 3, and 4. Each measure contains a rhythmic pattern of eighth notes. Measure 1: quarter rest, eighth notes, eighth notes, eighth notes, eighth notes. Measure 2: quarter rest, eighth notes, eighth notes, eighth notes, eighth notes. Measure 3: quarter rest, eighth notes, eighth notes, eighth notes, eighth notes. Measure 4: quarter rest, eighth notes, eighth notes, eighth notes, eighth notes.

Scale Rhythms



Four staves of music in 3/4 time, each containing a scale exercise. The first staff shows a scale with quarter notes and eighth notes. The second staff shows a scale with eighth notes and quarter notes. The third staff shows a scale with eighth notes and quarter notes. The fourth staff shows a scale with eighth notes and quarter notes.

UNIT 23

Practice Rhythms



A single musical staff in treble clef with a key signature of one sharp (F#) and a time signature of 2/4. It contains four rhythmic patterns labeled 1 through 4. Pattern 1 is a quarter note followed by eighth notes. Pattern 2 is a quarter note followed by eighth notes with a quarter rest. Pattern 3 is a quarter note followed by eighth notes with a quarter rest. Pattern 4 is a quarter note followed by eighth notes with a quarter rest.


Scale Rhythms



Four musical staves in treble clef with a key signature of one sharp (F#) and a time signature of 2/4. Each staff contains a sequence of rhythmic patterns for scale runs, including quarter notes, eighth notes, and sixteenth notes.

UNIT 24

Practice Rhythms



A single musical staff in treble clef with a key signature of one sharp (F#) and a time signature of 6/8. It contains four rhythmic patterns labeled 1 through 4. Pattern 1 is a dotted quarter note followed by an eighth note. Pattern 2 is a dotted quarter note followed by an eighth note. Pattern 3 is a dotted quarter note followed by eighth notes. Pattern 4 is a dotted quarter note followed by eighth notes.

Scale Rhythms



Four musical staves in treble clef with a key signature of one sharp (F#) and a time signature of 6/8. Each staff contains a sequence of rhythmic patterns for scale runs, including dotted quarter notes, eighth notes, and sixteenth notes.

UNIT 25

Practice Rhythms

Scale Rhythms

UNIT 26

Practice Rhythms

Scale Rhythms

UNIT 27

Practice Rhythms

Scale Rhythms

UNIT 28

Practice Rhythms

Scale Rhythms

UNIT 29

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 30

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

Scale Rhythms

UNIT 31

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

UNIT 32

Practice Rhythms

1. 2. 3. 4.

Scale Rhythms

UNIT 33

Practice Rhythms

Scale Rhythms

UNIT 34

Practice Rhythms

Scale Rhythms

UNIT 35

Practice Rhythms $\text{♩} = 92$

1. 2. 3. 4.

Scale Rhythms

UNIT 36

Practice Rhythms $\text{♩} = 72$

1. 2. 3. 4.

Scale Rhythms